

# THE PET CONNECTION

By Deb Waldron  
Owner Pampered Paws Salon

## Homemade Pet Treat Recipes

If it's true that the way to a man's heart is through his stomach, than it's doubly true for our pets. Here are some quick, easy pet treat recipes for you to try. (Maybe we could talk Ellen Tutko into having a “pet treat swap” at her house this Christmas :) So have some fun with these, and don't forget to let your favorite pet lick the bowl!

### **Wheat Free Peanut Butter Dog Treats**

#### **Ingredients:**

- ⤴ 3 cups Garbanzo & Fava Bean flour \* (can substitute rice or soy flour)
- ⤴ ½ cup of organic peanut butter
- ⤴ 1 cup of water
- ⤴ 2 tablespoons vegetable oil

#### **Directions**

Preheat the oven to 350 degrees. Combine all of your ingredients either in a food processor and pulse for 20 seconds (or until everything is mixed) or use a hand mixer to do the same. Then, using a spoon, just spoon out the dough onto cookie sheets. These are like drop cookies. You can make them larger or smaller as you like. Bake for 20 minutes. Freeze well. Last 2 to 3 weeks unfrozen.

\* Bob's Red Mill brand, Publix carries it.

### **Minty Dog Bones**

#### **Ingredients:**

- ⤴ 1 tablespoon vegetable oil
- ⤴ 1 cup water
- ⤴ 2 ½ cups of whole wheat flour
- ⤴ ½ cup oatmeal
- ⤴ 2 tablespoons fresh mint (helps pet's breath and stomach)
- ⤴ 1/3 cup chopped parsley ( good for breath, helps with arthritis)
- ⤴ ¼ teaspoon minced garlic (supports immune system, flea preventative)

#### **Directions**

Preheat oven to 350 degrees. Mix oil and water, slowly add flour and other ingredients, roll dough out on a flat surface. Cut into squares, or cut with bone shaped cookie cutters. Bake 35 minutes. Freeze well. Last up to one month unfrozen.

### **Oatmeal Dog Treats**

**Ingredients:**

- ⤴ 3 cups of oatmeal., uncooked
- ⤴ 1 ½ cups whole-wheat flour
- ⤴ 1 ½ cups cold water
- ⤴ 1 tablespoon parsley, chopped
- ⤴ 2 egg yolks
- ⤴ 1 teaspoon flax seed (optional)
- ⤴ 1 teaspoon baking soda

**Directions**

Mix all ingredients together. Spoon onto a greased cookie sheet. Bake 12 to 15 minutes at 350 degrees. Store in refrigerator for up to 2 months.

### Cat Crackers

**Ingredients:**

- ⤴ 6oz. undrained tuna
- ⤴ 1 cup cornmeal
- ⤴ 1 cup flour
- ⤴ 1/3 cup water

**Directions**

Preheat over to 350 degrees. Measure all of the ingredients into a bowl and mix thoroughly with your hands. Roll out to ¼ inch thickness and cut into pet size treats (squares). Place on a greased cookie sheet. Bake for 20 minutes or until golden brown.

### Homemade Bird Treats

**Ingredients:**

- ⤴ 2 cups of crushed Cheerios
- ⤴ 2 cups of your birds seed mixture or pellets
- ⤴ 1 cup of honey

**Directions**

Mix the ingredients together until you have a thick consistency. Press the mixture onto a baking pan and put it in the oven at 250 degrees for an hour. Let it cool. The consistency should be stiff enough to roll into balls. After shaping, put them back in the oven at 200 degrees for 30 minutes to 1 hour to harden the treats.

### PAWS FOR REFLECTION

Many years ago when an adored dog died, a great friend, a bishop, said to me, “You must always remember that, as far as the Bible is concerned, God only threw the humans out of Paradise.”